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Topic: Wall Pass

Date:

UNRESTRICTED SPACE – WARM UP	 ORGANIZATION Ball between two players moving and passing using a wall pass 	 KEY COACHING POINTS Create 1-2 combination Use of outside of foot for first pass Accelerate through to receive return pass Return pass played into path of player but not to deep
	 Play 2v1 in 20-x-15 yard area – spare players on outside of grid act as neutral players Team in possession scores when they make a 1-2 pass When defender wins ball teammate enters field to make new team of two – opposing team leaves one on field 	 1st attacker "hunts" opponent on dribble to create opportunity for wall pass Support player must achieve correct supporting position – angle and distance Decisions of 1st attacker dependent upon actions of 1st defender
	 4v3 to goal Team of four attacks goal using 1-2 whenever appropriate After defending team wins ball they can score by passing to the target player Goals scored from penetration caused by 1-2 count double 	 Correct angle and distance of support players to created 1-2 action Quick transition Ability of players to create 1-2 combinations going forward
GAME – TWO GOALS	 Play 4v4 + GK's No restrictions on players Give points for making a 1-2 and for scoring 	 Correct team shape Look for opportunities to created numbers up situations that allow 1-2 combinations Assess safety and risk in attempting combination play based on field position Penetrate when possible using 1-2